

Year 7

Term 1	Health and Wellbeing	Getting to know you activities, Healthy eating, Exercise.
Term 2	Mindfulness	Coping with stress, Exams, How to relax at stressful times.
Term 3	Financial Capability	Online course from NatWest – Bank accounts, Credit cards, Savings.
Term 4	Health and Wellbeing	Drugs, Alcohol.
Term 5	Amnesty International	Rights of a child, Child labour.
Term 6	Relationships Education	What is a good and healthy relationship?, Consent, How our bodies change.

Year 8

Term 1	Health and Wellbeing	Sleep, Smoking.
Term 2	Independent Living	Budgeting, Paying bills, The difference between buying and renting.
Term 3	Careers	What do I enjoy?, What am I good at?, What would I like to do in the future?
Term 4	Consumer Rights	What are my rights as a consumer?, How can I complain?, Fair Trade.
Term 5	Mindfulness	Coping with stress, Exams, How to relax at stressful times.
Term 6	Relationships Education	Body image, How does the media influence us?, Making informed choices.

Year 9 (Relationships within RE)

Term 1 and 2 Relationships and Families	Human rights and responsibilities e.g. refugee crisis, treatment of the different genders, Good relationships, Marriage, Cohabitation, Same sex marriages, Contraception.
Term 3 Healthy Schools Day	First Aid, Making informed choices, Alcohol.

Year 10 (Relationships)

Term 1 and 2 Medical Ethics (within RE)	Fertilisation, Abortion, Fertility treatment, The right to life, The right to a choice.
Term 3 and 4 Human Relationships	Good relationships, marriage, cohabitation, same sex marriages, Contraception.

Year 11

Term 1 and 2 Relationships	Consent, Different forms of contraception, Making informed choices, STIs including HIV and AIDS.
Term 3 Religion and Science	Looking after the environment.