



**Oxford Health**  
NHS Foundation Trust

# YOUTH BOARD



- **AGED 12-21?**
- **LIVING OR STUDYING IN OXFORDSHIRE?**
- **WANT TO IMPROVE HEALTH & WELLBEING SERVICES FOR YOUNG PEOPLE LOCALLY?**

APPLICATIONS FOR THE YOUTH BOARD ARE OPEN NOW UNTIL 20TH NOVEMBER 2021.

TO JOIN CLICK 'APPLY HERE NOW'

## APPLY HERE NOW

OXFORD HEALTH NHS FOUNDATION TRUST  
IN PARTNERSHIP WITH UNLOC

**Unloc**  
DEVELOPING YOUNG POTENTIAL

## WHAT IS THE YOUTH BOARD?

A way for young people (aged 12-21) in Oxfordshire to share their thoughts and experiences on key issues with Oxford Health NHS Foundation Trust.

- Share your ideas & help design Mental Health & Wellbeing events that will be shared with local schools, colleges & youth groups over 2021-22.
- Have your say on various topics & work together with your local NHS Trust to make change happen.
- Identify what can be done to better support young people's health & wellbeing locally.

## WHAT DO I GET OUT OF BEING A MEMBER OF THE YOUTH BOARD?

- Meet other committed Young People from across Oxfordshire.
- Opportunities to influence decision making within Oxford Health & see actions as the outcome of your feedback, ideas and opinions.
- See how Oxford Health NHS Foundation Trust operates and potential career paths with Oxford Health.
- Show your commitment and skills on your CV or UCAS.

### MEETING DATES

VIA ZOOM, WEDNESDAYS 4-6PM

**MEETING 1:** 1ST DECEMBER  
**MEETING 2:** 19TH JANUARY  
**MEETING 3:** 16TH FEBRUARY  
**MEETING 4:** 30TH MARCH  
**MEETING 5:** 4TH MAY  
**MEETING 6:** 15TH JUNE

**SUMMER CELEBRATION - JULY TBC**

**GOT ANY QUESTIONS? PLEASE CONTACT YOUTH BOARD COORDINATOR LARISSA VIA EMAIL AT [LARISSA@UNLOC.ORG.UK](mailto:LARISSA@UNLOC.ORG.UK)**