

INSPIRES



The Equality, Diversity and Inclusion Monthly Magazine
created by students in Spires to Inspire others.

If you would like to submit articles or Ideas please come to EDI Meetings in D5 on a Thursday 3-4

What do I need to know about Black History Month?

DAVID OLUSOGA

HISTORY

BLACK BRITISH
HISTORY



Black History Month 2023

Fiction Texts Non Fiction Texts Poems Popular Culture

<p>Buffalo Solider (13+) Tanya Landman</p> <p>Plantation slave Charley Smith is eleven when America blows itself apart, with Abraham Lincoln's decision to prohibit slavery. Charley thinks a slice of heaven is coming her way. But it's a taste of hell.</p> 	<p>Black and British (13+) David Olusoga</p> <p>David Olusoga's latest edition of <i>Black and British</i> has been revised and rewritten especially for secondary school children, and explains and illustrates the much-overlooked history of Black peoples in Britain and beyond.</p> 	<p>A Change is Gonna Come (12+)</p> <p>Featuring poems and stories from 12 black, Asian and minority ethnic authors – including four previously unpublished writers – this absorbing book offers refreshing perspectives and thought-provoking questions about the meaning of change that will hit home with everyone.</p> 	<p>British Library – Windrush Stories</p> <p>In June 1948 the <i>Empire Windrush</i> arrived at Tilbury Docks, Essex carrying hundreds of people from the Caribbean. 70 years on, <i>Windrush Stories</i> invites us to consider a longer, more complicated and ongoing relationship between Britain and the Caribbean.</p>
<p>The Hate U Give (12+) Angie Thomas</p> <p>Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her best friend Khalil.</p> 	<p>The Extraordinary Life of Series (10+)</p> <p>Published by Penguin, this series explores the extraordinary life of many influential people such as Nelson Mandela, Serena Williams, Rosa Parks, Mary Seacole, Katherine Johnson and many more.</p> 	<p>Still I Rise (11+) Maya Angelou</p> <p><i>"You may write me down in history With your bitter, twisted lies, You may trod me in the very dirt But still, like dust, I'll rise."</i></p> 	<p>TV BBC Adaptation of Malorie Blackman's Noughts and Crosses.</p> <p>In a dystopian London, Sephy and Callum fall in love despite the odds. Can they breach the divide between the black elite and white underclass?</p> 
<p>Crongton Knights (12+) Alex Wheatle</p> <p>McKay's life on the South Crongton Estate is rough. His Mum has died, his Dad works all hours of the day to keep away the Bailiffs, and his brother is always out looking for trouble. McKay never looks for trouble, but in one mad night everything changes.</p> 	<p>This Book is Anti-Racist (10+) Tiffany Jewell</p> <p>Often using personal anecdotes about her own schooling, family and experiences as a young mixed race girl, Jewell's fascinating, friendly and hugely relatable guide is essential reading for kids with questions about racism, politics and history as well as the current #blacklivesmatter movement.</p> 	<p>What Stephen Lawrence Taught Us (12+) Benjamin Zephaniah</p> <p><i>"As we continue emptying our pockets on the pavements, And we continue to ask ourselves Why is it so official That black people are so often killed Without killers?"</i></p>	<p>Podcast The Black Curriculum Podcast</p> <p>Available on Spotify and Apple Podcast, this podcast explores British Black history with short discussion on topics such as sound system culture and the Bristol bus boycott.</p> 
<p>The Crossover (10+) Kwame Alexander</p> <p>Josh and JB are basketball legends at their school. They also happen to be identical twins, but it's easy to tell them apart if you know how to look. As the boys build up the most important matches of their lives, tensions grow between them.</p> 	<p>Grown: The Black Girls' Guide to Glowing Up Melissa Cummings-Quarry (14+)</p> <p>Being a teenager and trying to understand who you are and what you stand for is hard. But if you're a Black girl and don't always see yourself represented in the books you read, the films you watch, the adverts you see or the history you're taught, it can be even tougher.</p> 	<p>Half Caste (12+) John Agard</p> <p><i>"but yu must come back tomorrow Wid de whole of yu eye And de whole of yu ear And de whole of yu mind."</i></p> 	<p>Film Black Panther</p> <p>T'Challa is the king of Wakanda, the secretive and highly advanced African nation, as well as the powerful warrior known as the Black Panther. This is the first Marvel film with a predominantly black cast.</p> 
<p>How High The Moon (14+) Karyn Parsons</p> <p>In a small town in 1940s South Carolina, Ella has got some very exciting news. She'll be leaving her grandparents and cousin Henry behind, because her mother finally wants her to join her in the busy city of Boston. But can the reality ever live up to Ella's dreams?</p> 	<p>Timelines from Black History: Leaders, Legends, Legacies (9+)</p> <p>The lives and achievements of leading lights as diverse as Stormzy, basketball star LeBron James, poet and novelist Maya Angelou are chronicled in this excellent book that follows black history across many centuries to today's contemporary world.</p> 	<p>waiting on the mayflower (14+) Evie Shockley</p> <p><i>"i. august 1619 arrived in a boat, named and unnamed, twenty, pirated away from a portuguese slaver, traded for victuals."</i></p>	<p>Art Kara Walker</p> <p>Kara Elizabeth Walker is an American contemporary painter, silhouettist, print-maker who explores races and identity in her work. She is best known for her room-size tableaux of black cut-paper silhouettes.</p> 

A CELEBRATION OF BLACK COMPOSERS

PLAYLIST

Scan here to listen to our
Celebration of Black
Composers Playlist
OR go to
www.icancancompose.com/BlackHistoryMonthPlaylist



BLACK HISTORY MONTH

1. QUINCY JONES

1933 - PRESENT

- Soul Bossa Nova
- Main theme from The Colour Purple

2. FLORENCE PRICE

1887 - 1953

- Symphony no.1 in E minor
- Fantasia Nègre



3. DUKE ELLINGTON

1899 - 1974

- Ko Ko
- Cotton Tail

4. ERROLLYN WALLEN

1958 - PRESENT

- Peace on Earth
- Woogie Boogie

5. GEORGE WALKER

1922 - 2018

- Sinfonia no.5 "Visions"
- Lyric for strings

6. ALEXIS FFRENCH

1970 - PRESENT

- Walk With Us
- Dreamland

7. MARGARET BONDS

1913 - 1972

- Troubled Water
- Bright Star

8. UNICNE SMITH MOORE

1913 - 1972

- Afro-American Suite for flute, cello & piano
- We shall walk through the valley in peace

9. WILLIAM GRANT STILL

1895 - 1978

- Symphony no.1 "Afro-American"
- 3 Visions

10. STORMZY

1993 - PRESENT

- Don't forget to breathe
- Blinded by Your Grace

11. LAURYN HILL

1975 - PRESENT

- When it hurts so bad
- The Miseducation of Lauryn Hill



12. HANNAH KENDALL

1984 - PRESENT

- Spark catchers
- A Winged Spirit

13. JOSEPH BOLOGNE

1745 - 1799

- Symphony no.1 in G major
- String quartet no.1 in C major

14. SAMUEL COLEFRIDGE-TAYLOR

1875 - 1912

- Deep River
- Symphonic variations on an African Air

15. DOLORES WHITE

1932 - PRESENT

- Blues Dialogues for Solo Violin
- Sometimes I'm Not Myself

16. ELEANOR ALBERGA

1949 - PRESENT

- Snow White and the Seven Dwarfs
- String Quartet no.1

17. JAMES BROWN

1933 - 2006

- I Feel Good
- Papa's Got a Brand New Bag

18. WYNTON MARSALIS

1961 - PRESENT

- At the Octoroon Ball
- Blues Symphony

19. YOLANDA BROWN

1982 - PRESENT

- Tokyo Sunset
- Fine Lines

20. JON BATISTE

1986 - PRESENT

- It's All Right (from Soul)
- We Are



21. AYANNA WITTER-JOHNSON

1986 - PRESENT

- Movement - Variation II
- Rise Up

22. FELA SOWANDE

1905 - 1987

- African Suite for String Orchestra
- Jubilate

23. CELESTE

1994 - PRESENT

- Love is Back
- Stop this Flame

24. NINA SIMONE

1933 - 2003

- Revolution
- Backlash Blues



25. LAURA MVULA

1986 - PRESENT

- Sing to the Moon
- Green Garden

26. MILES DAVIS

1926 - 1991

- So What
- Love for Sale

27. JESSIE MONTGOMERY

1981 - PRESENT

- Starburst
- Banner for string quartet & string orchestra

28. JOHN COLTRANE

1926 - 1967

- Alabama
- Giant Steps



29. TRACY CHAPMAN

1964 - PRESENT

- Fast Car
- Give Me One Reason

30. RAY CHARLES

1930 - 2004

- What'd I Say
- I Got a Woman



31. JULIA PERRY

1924 - 1979

- Study for Orchestra
- Stabat Mater

Black History Month is dedicated to celebrating and learning about Black heritage. It gives everyone the opportunity to recognise the achievements of and share appreciation of those with African or Caribbean backgrounds.

This calendar is a celebration of black composers and is intended to inspire everyone to explore the lives and works of these great musicians.



The EDI Teams inspirational Individuals





Dame Shirley Bassey DBE



Dame Shirley Bassey DBE is a Welsh singer of Nigerian and English descent. She is best known for her strident sultry voice, sequined gowns, and lavish jewelry. She recorded the theme songs to three James Bond films as well as 'Hey Big Spender' and 'I'm coming up'



Yasmin Finney



At just 19-years-old, Yasmin Finney has made television history with the Netflix series 'Heartstopper,' which is now in its second season, and 'Doctor Who'. She has said that "Being a black trans woman is part of who I am, I feel like I have a little bit of Marsha P Johnson in me but it's not all that I am, I've been surrounded by empowered Black women my whole life. ".



Malory Blackman



Her parents were both from Barbados and had come to Britain as part of the "Windrush generation". Malories Blackman has written over seventy books for children and young adults, including the Noughts & Crosses series, Thief and a science-fiction thriller, Chasing the Stars.



Estelle



Estelle Fanta Swaray (born 18 January 1980) is a Black British singer from West London. She is known for her eclectic mix of various musical genres including R&B, soul, reggae, grime, hip hop, and dance. She has collaborated with artists including John Legend, Robin Thicke, Rick Ross, Chris Brown, will.i.am, Kanye West, Pete Rock, David Guetta and Tyler.



Corinna Brown



Corinna Brown is an English actress, from an African background. She is a dancer, performer, choreographer, and movement therapist who is known for her portrayal of Tara Jones (2022–present)



Kelvin Swaby



Born in Jamaica on March 28, 1973 Kelvin Swaby is a singer/songwriter who is known for his work with the English band The Heavy, which were formed in 2007. He is the lead singer



Corrine Bailey Rae



Corrine Bailey Rae is a British singer and songwriter and was the fourth female British act in history to have her first album debut at number one. She is best known for her 2006 hit single "Put Your Records On" and became also became the number one predicted breakthrough act in the same year. Since then, Corinne has been nominated for 3 Grammys and 3 Brit awards, won 2 MOBO awards and just released her 3rd studio album last month.



Cyrille Regis



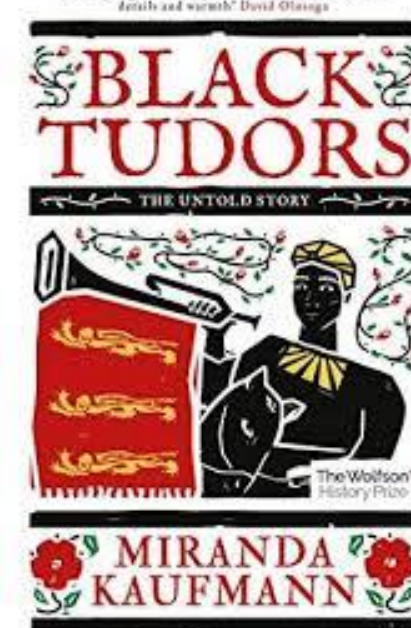
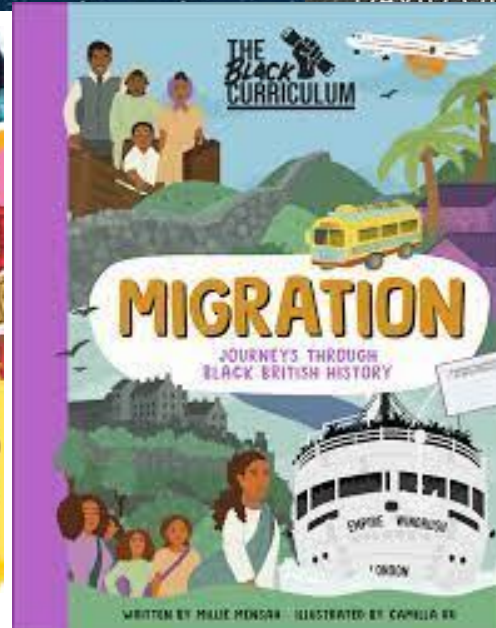
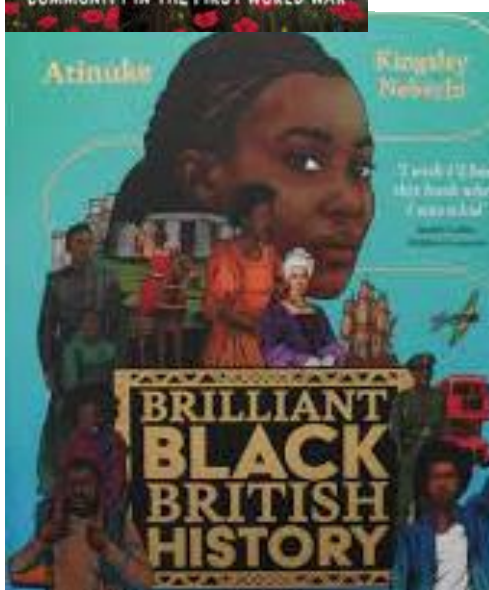
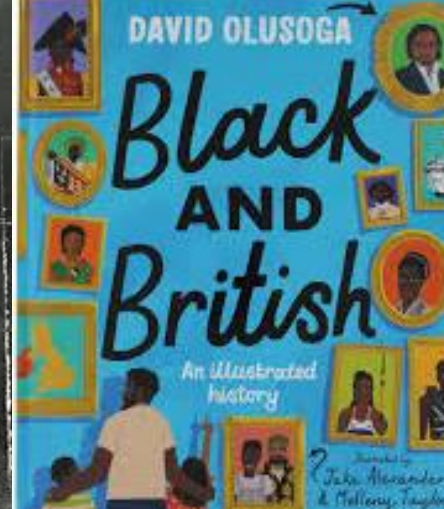
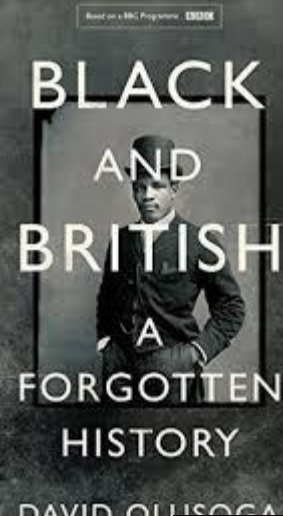
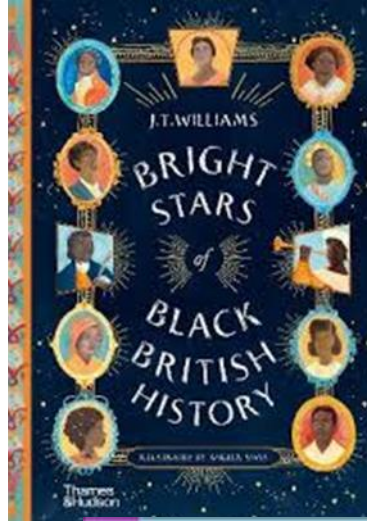
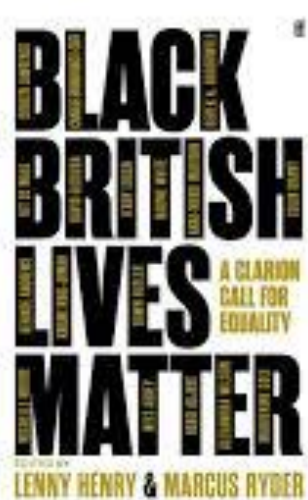
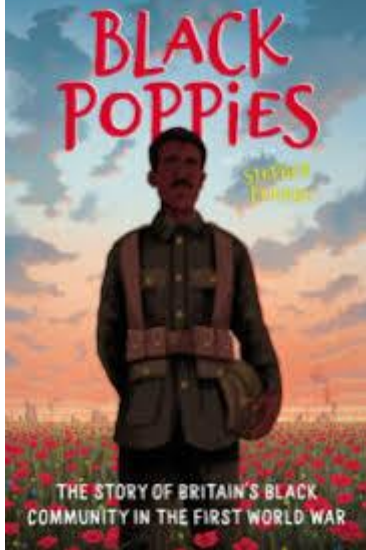
Cyrille Regis, MBE (9 February 1958 – 14 January 2018) was a professional footballer who played as a forward. Regis was born on 9 February 1958 in Maripasoula, French Guiana. His family moved to England in 1962. His professional playing career spanned 19 years, where he made 614 league appearances and scored 158 league goals, most prolifically at West Bromwich Albion and Coventry City. Regis also won five caps with the England national team.

Black History Month - The EDI Teams 'best go to websites' for educating yourself

are ...

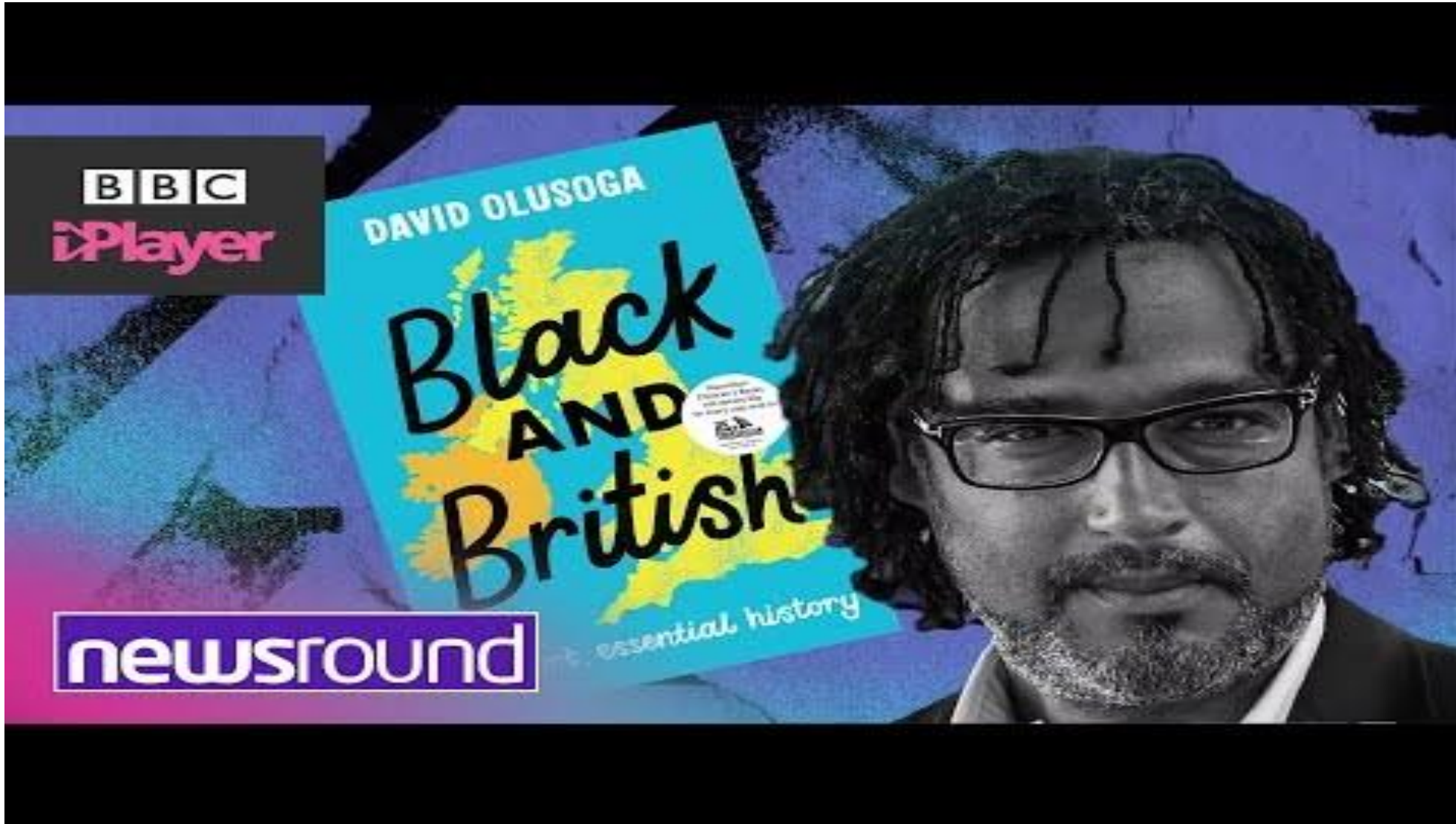
<p>1. Rosa Parks, civil rights activist. https://eu.usatoday.com/story/news/nation/2020/02/04/ro-sa-parks-famous-birthday-5-facts-you-should-know/4653590002/</p>	<p>2. Maya Angelou, poet and writer. https://www.biography.com/writer/maya-angelou</p>	<p>3. Mary Seacole, nurse. https://www.bbc.co.uk/programmes/p07pvv3z</p>	<p>4. Juan Garrido, explorer. https://face2faceafrica.com/article/7-amazing-black-explorers-who-made-a-mark-in-history</p>	<p>5. Michelle Obama, former First Lady and campaigner. https://www.youtube.com/watch?v=wePNJGL7nDU</p>	<p>6. David Olusoga. Historian. <i>David was born in Gateshead and grew up there</i> https://www.bbc.co.uk/programmes/profiles/2pT94YQjVvGILJpdYDrMn6t/david-olusoga</p>	<p>7. Billie Holliday, singer. https://www.youtube.com/watch?v=Web007rzSOI</p>
<p>8. Chris Ofili, Turner Prize winning artist. https://artuk.org/discover/stories/ten-black-british-artists-to-celebrate</p>	<p>9. Dr Shirley Jackson, physicist. https://www.youtube.com/watch?v=mKAgAdHaJw0</p>	<p>10. Joseph Bologne, classical musician 'Black Mozart' https://www.classicfm.com/discover-music/black-composers-who-made-classical-music-history/</p>	<p>11. Reasonable Blackman, Tudor silk weaver. https://www.historyextra.com/period/tudor/black-faces-of-tudor-england/</p>	<p>12. Barbara Walker, artist. https://artuk.org/discover/stories/celebrating-black-british-artists-in-public-collections</p>	<p>13. Matthew Henson, Polar Explorer. https://www.nationalgeographic.com/news/2016/02/160224-polar-explorer-matthew-henson-photos/</p>	<p>14. Jesse Owens, Olympic medallist. https://www.youtube.com/watch?v=quQopJmQry4</p>
<p>15. Toussaint L'Ouverture, leader of the Haitian Revolution https://www.blackpast.org/global-african-history/loverture-toussaint-1743-1803/</p>	<p>16. The first Black Briton, taken from Black and British. https://www.youtube.com/watch?v=v4oiXLBoiOQ</p>	<p>17. Otis Boykin, inventor. https://www.youtube.com/watch?v=YXqOoALq5fs</p>	<p>18. Charles Drew, scientist. https://www.youtube.com/watch?v=vFddM7p2zH4</p>	<p>19. Florence Prince, classical musician. https://www.classicfm.com/discover-music/black-composers-who-made-classical-music-history/</p>	<p>20. Bernadine Evaristo, writer. https://literature.britishcouncil.org/writer/bernardine-evaristo</p>	<p>21. Diane Abbott, politician. https://www.blackhistorymonth.org.uk/article/section/history-of-politics/the-first-black-parliamentarians-in-our-times/</p>
<p>22. Black Poppies, soldiers in WW1. https://media.nationalarchives.gov.uk/index.php/black-poppies-britains-black-community-great-war/</p>	<p>23. Dame Doreen Lawrence, campaigner https://www.blackhistorymonth.org.uk/article/section/bhm-firsts/baroness-lawrence-theres-no-halo-just-say-hello/</p>	<p>24. Betty Campbell, Wales' first black headteacher. https://www.bbc.co.uk/news/uk-wales-58721710</p>	<p>25. Donald Rodney, artist. https://artuk.org/discover/stories/ten-black-british-artists-to-celebrate</p>	<p>26. Chadwick Boseman, actor. https://www.youtube.com/watch?v=4VSx2E7WE50</p>	<p>27. Saint Martin de Porres, Patron Saint of racial justice, harmony and mixed-race people. https://www.britannica.com/biography/Saint-Martin-de-Porres</p>	<p>28. Private Arthur Roberts, WW1 soldier. https://www.english-heritage.org.uk/learn/histories/black-history/arthur-roberts/</p>
<p>29. The story of Windrush. https://www.english-heritage.org.uk/visit/inspire-me/the-story-of-windrush/</p>	<p>30. Dr Anthony Roberts, QC. https://www.blackhistorymonth.org.uk/article/section/bhm-firsts/dr-john-anthony-roberts-qc/</p>	<p>31. James Peters, rugby player. https://www.blackhistorymonth.org.uk/article/section/bhm-firsts/james-peters-the-1st-black-rugby-player/</p>	<p>Further resources:</p> <ul style="list-style-type: none"> Hamilton, theatre by an all black cast: https://www.youtube.com/watch?v=DSCkfXpAGHc Black History Month website: https://www.blackhistorymonth.org.uk/ African Kingdoms: https://africankingdoms.co.uk/ Painting Our Past: https://www.english-heritage.org.uk/learn/painting-our-past/ Black and British, A Short Essential History by David Olusoga Black and British - BBC, https://www.bbc.co.uk/programmes/p0499smp National Archives, Black British History on Record, https://www.nationalarchives.gov.uk/black-history 			





The EDI Team recommends you read ...

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Click on the picture to watch a video by Historian David Olusoga on his book Black and British

Miss Jemal's Happy Chocolate Cup Cake Recipe

This is my go to happy recipe. This is a simple chocolate cupcake recipe but it brings lots of smiles.

- 200g plain flour
 - 130g sugar
 - 40g cocoa powder
 - 40g butter
 - 180ml milk
 - 1 teaspoon baking powder
 - 1 teaspoon vanilla extract
 - 1 egg
-
- Preheat oven to 180
 - Put flour, sugar and cocoa powder in a bowl and mix together
 - Add butter to the dry ingredients and mix until smooth
 - Put milk into a jug and add slowly into the bowl while mixing
 - Add egg, baking powder and vanilla extract and mix
 - Once cupcake mixture is smooth, add to cupcake cases
 - Put it in the oven for 25 minutes
 - Let it cool and ice
 - Then enjoy :)



Please submit articles/poems/recipes, recommendations for books/podcasts/films or music for the next issue to

Miss May CLMay@spires.anthemtrust.uk

Novembers theme – Disability (visible, invisible & young carers)

OUR EDI MISSION –

- Oxford Spires Academy is to become a place that embraces, enables, and champions Equality, Diversity, and Inclusion. We want our young people, our staff, in fact, anyone who encounters us to feel they belong and can bring their whole selves to OSA. We value difference and strive to live by this value every day, it is heard, seen and felt by all. Through our advocacy and allyship we seek to have a positive impact on society.



Equality is everyone getting a pair of shoes.



Diversity is everyone getting a different type of shoe.



Equity is everyone getting a pair of shoes that fits.



Acceptance is understanding we all wear different kinds of shoes.



Belonging is wearing the shoes you want without fear of judgment.